

## DECLARATION BY THE SCHOLAR

I **V. KRISHNARJUNA RAO**, Part Time Research Scholar hereby declare that the dissertation entitled "EFFECT OF AEROBIC DANCE AND YOGASANA PROGRAMME ON SELECTED PHYSIOLOGICAL BIO-CHEMICAL AND PSYCHOLOGICAL VARIABLES OF SEDENTARY ENGINEERING COLLEGE HOSTEL STUDENTS" submitted to Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai for the award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar titles to any candidate of any university.

Station: CHENNAI

Date: 28-03-2016



(V.KRISHNARJUNA RAO)